

Protecting Your Health in a Changing Climate

A Perspective From Winchester Hospital

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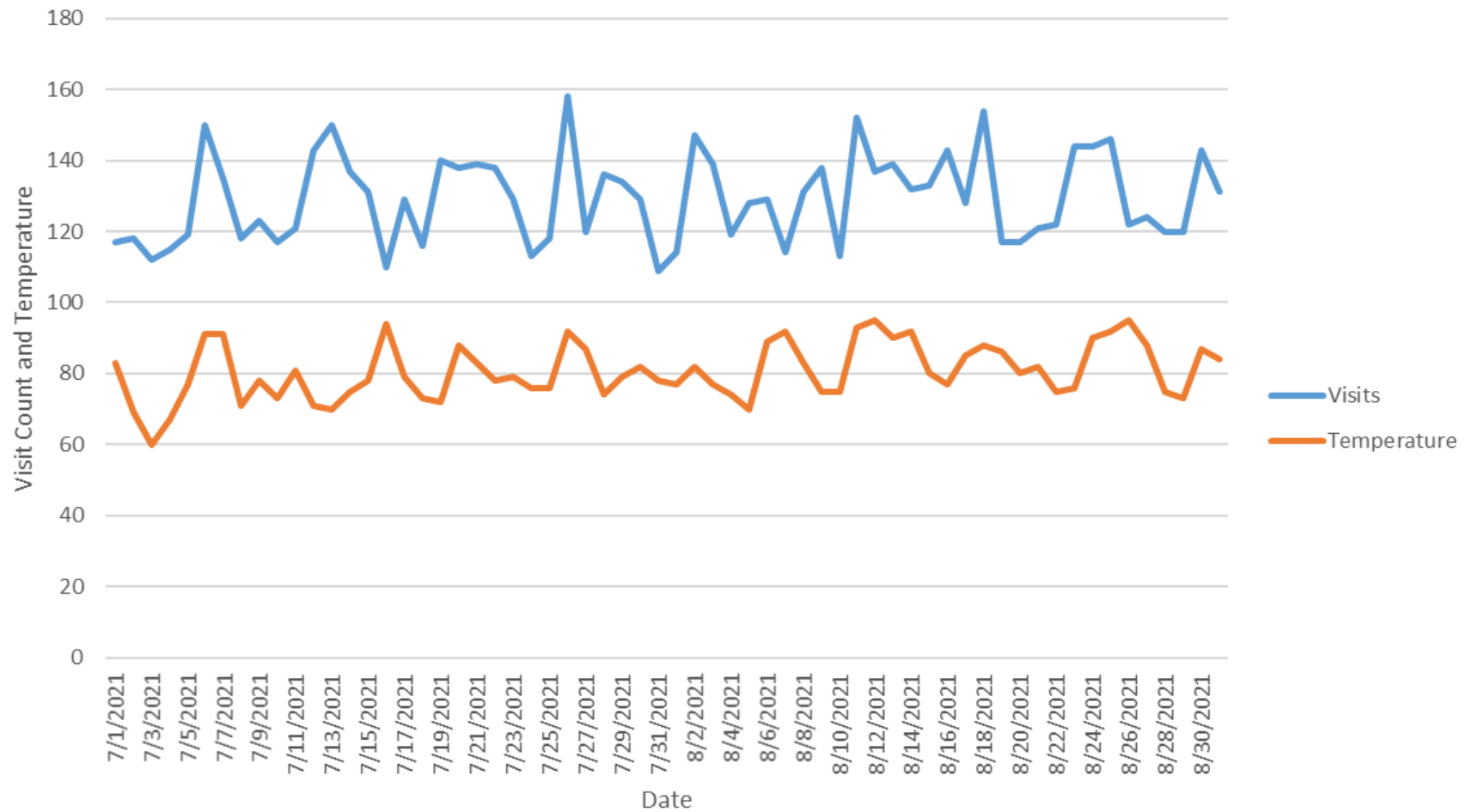
Conditions Caused by Extreme Heat

- Heat Rash (prickly heat, miliaria)
 - Heat Cramps (painful involuntary muscle cramps)
 - Heat Exhaustion (rapid pulse, increased perspiration)
 - Classic Heat Stroke (severe nonexertional hyperthermia)
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Conditions Aggravated by Extreme Heat

- Autoimmune Conditions (incl. MS, Lupus, RA)
 - Asthma
 - COPD
 - Allergies
 - Migraines
 - Heart Disease
 - Arthritis
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ED Visits and Temperatures



During the months of July and August, 2021, there were 12 days where the temperature in Winchester was at least 90 degrees.

The average number of visits to the Winchester Hospital emergency department was 7-8% higher on those days compared to the other days in those 2 months.
